



COURT & TRAMPOLINE SCHEDULE

MONDAY – THURSDAY

Effective September 15, 2026

Availability is subject to change. Please check with the front desk for updates.

MONDAY

TIME	LAUNCH PAD	COURT 1	COURT 2	WEIGHT ROOM	TURF
5:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
6:00AM	BEFORE & AFTER CARE 6:45-8AM	OPEN	BEFORE & AFTER CARE 6:45-8AM	OPEN	OPEN
7:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
8:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
9:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
10:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
11:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
12:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
1:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
2:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
3:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
4:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
5:00PM	Before & After Arena Kids	ARENA KIDS 5:30-7:30	BEFORE & AFTER CARE 5-6PM	OPEN	OPEN
6:00PM	Before & After Arena Kids	ARENA KIDS	BEFORE & AFTER CARE	OPEN	OPEN
7:00PM	ARENA KIDS	ARENA KIDS	OPEN	OPEN	OPEN
8:00PM	OPEN	OPEN	OPEN	OPEN	OPEN

TUESDAY

TIME	LAUNCH PAD	COURT 1	COURT 2	WEIGHT ROOM	TURF
5:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
6:00AM	BEFORE & AFTER CARE 6:45-8AM	OPEN	BEFORE & AFTER CARE 6:45-8AM	OPEN	OPEN
7:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
8:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
9:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
10:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
11:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
12:00PM	HCC LACROSSE 12:45-2pm	HCC LACROSSE 12:45-2pm	HCC LACROSSE 12:45-2pm	HCC LACROSSE 12:45-2pm	HCC LACROSSE 12:45-2pm
1:00PM	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE
2:00PM	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE
3:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
4:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
5:00PM	ARENA KIDS 5:30-7:30	ARENA KIDS 5:30-7:30	OPEN	OPEN	OPEN
6:00PM	ARENA KIDS	ARENA KIDS	OPEN	OPEN	OPEN
7:00PM	ARENA KIDS	ARENA KIDS	OPEN	OPEN	OPEN
8:00PM	OPEN	OPEN	OPEN	OPEN	OPEN

WEDNESDAY

TIME	LAUNCH PAD	COURT 1	COURT 2	WEIGHT ROOM	TURF
5:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
6:00AM	BEFORE & AFTER CARE 6:45-8AM	OPEN	BEFORE & AFTER CARE 6:45-8AM	OPEN	OPEN
7:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
8:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
9:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
10:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
11:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
12:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
1:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
2:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
3:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
4:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
5:00PM	Before & After Arena Kids	ARENA KIDS 5:30-7:30	BEFORE & AFTER CARE 5-6PM	OPEN	OPEN
6:00PM	Before & After Arena Kids	ARENA KIDS	BEFORE & AFTER CARE	OPEN	OPEN
7:00PM	ARENA KIDS	ARENA KIDS	OPEN	OPEN	OPEN
8:00PM	OPEN	OPEN	OPEN	OPEN	OPEN

THURSDAY

TIME	LAUNCH PAD	COURT 1	COURT 2	WEIGHT ROOM	TURF
5:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
6:00AM	BEFORE & AFTER CARE 6:45-8AM	OPEN	BEFORE & AFTER CARE 6:45-8AM	OPEN	OPEN
7:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
8:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
9:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
10:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
11:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
12:00PM	HCC LACROSSE 12:45-2pm	HCC LACROSSE 12:45-2pm	HCC LACROSSE 12:45-2pm	HCC LACROSSE 12:45-2pm	HCC LACROSSE 12:45-2pm
1:00PM	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE
2:00PM	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE	HCC LACROSSE
3:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
4:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
5:00PM	ARENA KIDS 5:30-7:30	ARENA KIDS 5:30-7:30	OPEN	OPEN	OPEN
6:00PM	ARENA KIDS	ARENA KIDS	OPEN	OPEN	OPEN
7:00PM	ARENA KIDS	ARENA KIDS	OPEN	OPEN	OPEN
8:00PM	OPEN	OPEN	OPEN	OPEN	OPEN

SCHEDULE KEY

OPEN

BEFORE & AFTER CARE

ARENA KIDS

PARTIES/EVENTS

HCC LACROSSE



COURT & TRAMPOLINE SCHEDULE

FRIDAY – SUNDAY

Effective September 15, 2026

Availability is subject to change. Please check with the front desk for updates.

FRIDAY

TIME	LAUNCH PAD	COURT 1	COURT 2	WEIGHT ROOM	TURF
5:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
6:00AM	BEFORE & AFTER CARE 6:45-8AM	OPEN	BEFORE & AFTER CARE 6:45-8AM	OPEN	OPEN
7:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
8:00AM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
9:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
10:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
11:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
12:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
1:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
2:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
3:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
4:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
5:00PM	BEFORE & AFTER CARE 5-6PM	OPEN	BEFORE & AFTER CARE 5-6PM	OPEN	OPEN
6:00PM	BEFORE & AFTER CARE	OPEN	BEFORE & AFTER CARE	OPEN	OPEN
7:00PM	OPEN	OPEN	OPEN	OPEN	OPEN

SATURDAY

TIME	LAUNCH PAD	COURT 1	COURT 2	WEIGHT ROOM	TURF
5:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
6:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
7:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
8:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
9:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
10:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
11:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
12:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
1:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
2:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
3:00PM	PARTIES/ EVENTS	PARTIES/ EVENTS	PARTIES/ EVENTS	OPEN	OPEN
4:00PM	PARTIES/ EVENTS	PARTIES/ EVENTS	PARTIES/ EVENTS	OPEN	OPEN
5:00PM	PARTIES/ EVENTS	PARTIES/ EVENTS	PARTIES/ EVENTS	OPEN	OPEN
6:00PM	PARTIES/ EVENTS	PARTIES/ EVENTS	PARTIES/ EVENTS	OPEN	OPEN

SUNDAY

TIME	LAUNCH PAD	COURT 1	COURT 2	WEIGHT ROOM	TURF
5:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
6:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
7:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
8:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
9:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
10:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
11:00AM	OPEN	OPEN	OPEN	OPEN	OPEN
12:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
1:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
2:00PM	OPEN	OPEN	OPEN	OPEN	OPEN
3:00PM	PARTIES/ EVENTS	PARTIES/ EVENTS	PARTIES/ EVENTS	OPEN	OPEN
4:00PM	PARTIES/ EVENTS	PARTIES/ EVENTS	PARTIES/ EVENTS	OPEN	OPEN
5:00PM	PARTIES/ EVENTS	PARTIES/ EVENTS	PARTIES/ EVENTS	OPEN	OPEN
6:00PM	PARTIES/ EVENTS	PARTIES/ EVENTS	PARTIES/ EVENTS	OPEN	OPEN

MEMBER AVAILABILITY

OPEN = available for member use

BLOCKED = not available for member use

Always check with the front desk for the most current availability.