

LES MILLS

LAUNCH



SATURDAY, OCTOBER 25



Join us for an exciting Les Mills Launch, Saturday, Oct 25 - and get ready to experience all-new releases of your favorite workouts:

8:30 am - BODYATTACK & BODYCOMBAT Monster Mash-Up

9:30 am - BODYPUMP 45

10:30 am - BODYBALANCE 45

Dress to impress—in costume! Join our Costume Contest during the Les Mills Launch!

Classes are in Studio 1.

