

PAINT THE CLUB *Pink!*

This October, we're turning The Arena Club pink in support of Cancer LifeNet at University of Maryland Upper Chesapeake Health's Patricia D. and M. Scot Kaufman Cancer Center.



PURCHASE A PINK RIBBON FOR \$2 TO SHOW YOUR SUPPORT IN THE CLUB.



PURCHASE SPECIAL PINK ITEMS IN OUR PRO-SHOP.



BRING A GUEST TO AN OPEN HOUSE WEEK EVENT OCTOBER 20-25 WITH A \$10 DONATION!

All proceeds will benefit Cancer LifeNet!

Scan QR Code
to Register
your guests!



OPEN HOUSE WEEK GUEST EVENTS

MONDAY, OCTOBER 20

- 9:15 AM BODYCOMBAT (Studio 2)
- 10:00 AM FREE Weight Loss Info Session (Arena Health & Wellness)
- 6:00 PM FREE Weight Loss Info Session (Arena Health & Wellness)
- 6:30 PM Strength Development (Studio 1)

TUESDAY, OCTOBER 21

- 9:30 AM Cardio Barre (Studio 3)
- 6:30 PM Cardio Drum & Dance (Studio 2)

WEDNESDAY, OCTOBER 22

- 10:30 AM Line Dancing (Sport Court)
- 6:30 PM Zumba (Studio 1)
- 6:30 PM Yin Yoga (Studio 3)

THURSDAY, OCTOBER 23

- 8:30 AM Strong & Lean (Sport Court)
- 5:30 PM Barre Burn (Studio 3)
- 6:00 PM Cycle & Strength (Cycle / Studio 1)

FRIDAY, OCTOBER 24

- 9:15 AM Tabata (Sport Court)
- 9:30 AM Yoga Flex (Studio 3)
- 5:30 PM BODYPUMP (Studio 1)

SATURDAY, OCTOBER 25

- 8:30 AM Barre Burn (Studio 3)