



POOL SCHEDULE

EFFECTIVE
7/24

LAP POOL

● All Lanes Open

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 Lanes lap 1 lane open 7:00am-5:30pm	5 Lanes lap 1 lane open 5:30am-8:30pm	5 Lanes lap 1 lane open 5:30am-8:30pm	5 Lanes lap 1 lane open 5:30am-8:30pm	5 Lanes lap 1 lane open 5:30am-8:30pm	5 Lanes lap 1 lane open 5:30am-7:30pm	5 Lanes lap 1 lane open 7:00am-5:30pm

BABY POOL

Monday-Thursday	5:30am - 8:30pm
Friday	5:30am - 7:30pm
Saturday	7:00am - 5:30pm
Sunday	7:00am - 5:30pm

SPA

Monday-Thursday	5:30am - 8:30pm
Friday	5:30am - 7:30pm
Saturday	7:00am - 5:30pm
Sunday	7:00am - 4:00pm

THERAPY POOL

● Aqua Classes
● All Open

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open 7:00am-5:30pm	Open 5:30am-9:00am	Open 5:30am-9:00am	Open 5:30am-9:00am	Open 5:30am-9:00am	Open 5:30am-9:00am	Open 7:00am-5:30pm
	Aqua Sculpt & Tone 9:00am-9:45am	Aqua Yoga 9:00am-9:45am	Aqua Sculpt & Tone 9:00am-9:45am	Aqua Sculpt & Tone 9:00am-9:45am	Aqua Yoga 9:00am-9:45am	
	Open 9:45am-8:30pm	Open 9:45am-12:30pm	Open 9:45am-8:30pm	Open 9:45am-12:30pm	Open 9:45am-7:30pm	
		Arena Rx (Closed Class) 12:30pm-1:15pm		Arena Rx (Closed Class) 12:30pm-1:15pm		
		Open 1:15pm-6:00pm		Open 1:15pm-6:00pm		
		Aqua Sculpt & Tone 6:00pm-6:45pm		Aqua Sculpt & Tone 6:00pm-6:45pm		
Open 6:45pm-8:30pm	Open 6:45pm-8:30pm					

*The Therapy Pool may also be used for swim lessons.

RECREATION POOL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00am-5:30pm Slides 12:00pm-5:00pm	Aqua Box 8:00am-8:45am	Athletic Aqua 8:00am-8:45am	Aqua Zumba 8:00am-8:45am	Athletic Aqua 8:00am-8:45am	12:00pm-7:30pm Slides 12-7	
						Aqua Zumba 9:00am-9:45am
						10:00am-5:30pm
						Slides 12:00pm-5:00pm

*POOL SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE