

POOL SCHEDULE

EFFECTIVE
5/23

LAP POOL

● All Lanes Open

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 Lanes Lap 1 Lane Open 7:00am-5:30pm	5 lanes Lap 1 Lane Open 5:30am-3:30pm	5 lanes Lap 1 Lane Open 5:30am-3:30pm	5 lanes Lap 1 Lane Open 5:30am-3:30pm	5 lanes Lap 1 Lane Open 5:30am-3:30pm	5 lanes Lap 1 Lane Open 5:30am-3:30pm	Swim Team (4) Lap (2) 7am-12pm
						5 Lanes Lap 1 Lane Open 7:00am-5:30pm
	Swim Team (4) Lap (2) 3:30pm-8:30pm	Swim Team (4) Lap (2) 3:30pm-8:30pm	Swim Team (4) Lap (2) 3:30pm-8:30pm	Swim Team (4) Lap (2) 3:30pm-8:30pm	Swim Team (4) Lap (2) 3:30pm-7:30pm	

THERAPY POOL

● Aqua Classes
● All Open

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open 7am - 5:30pm	Open 5:30am - 9am	Open 5:30am - 9am	Open 5:30am - 9am	Open 5:30am - 12:30pm	Open 5:30am - 9am	Open 7am - 5:30pm
	Aqua Sculpt & Tone 9:00am - 9:45am	Aqua Yoga 9:00am - 9:45am	Aqua Sculpt & Tone 9:00am - 9:45am		Aqua Yoga 9:00am - 9:45am	
	Open 9:45am-8:30pm	Open 9:45am-12:30pm	Open 9:45am-8:30pm	Open 9:45am-8:30pm	Open 9:45am-7:30pm	
		Arena Rx (Closed Class) 12:30pm-1:15pm				Arena Rx (Closed Class) 12:30pm-1:15pm
		Open 1:15pm-6:00pm				Open 1:15pm-6:00pm
		Aqua Sculpt & Tone 6:00-6:45pm				Aqua Sculpt & Tone 6:00-6:45pm
		Open 6:45-8:30pm		Open 6:45-8:30pm		

*The Therapy Pool may also be used for swim lessons.

BABY POOL

Monday-Thursday 5:30am - 8:30pm
Friday 5:30am - 7:30pm
Saturday 7:00am - 5:30pm
Sunday 7:00am - 5:30pm

SPA

Monday-Thursday 5:30am - 8:30pm
Friday 5:30am - 7:30pm
Saturday 7:00am - 5:30pm
Sunday 7:00am - 4:00pm

RECREATION POOL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10-5:30pm Slides 12-5:00pm	Aqua Box 8:00-8:45am	Athletic Aqua 8:00-8:45am	Aqua Zumba 8:00-8:45am	Athletic Aqua 8:00-8:45am	4-7:30pm Slides Closed	Aqua Zumba 9:00-9:45am
	4-8pm Slides Closed	4-8pm Slides Closed	4-8pm Slides Closed	4-8pm Slides Closed		10-5:30pm Slides 12-5:00pm