POOL SCHEDULE

EFFECTIVE 10/26

LAP POOL

All Lanes Open

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Swim Team (4) Lap (2) 5:30-7:00am		Swim Team (4) Lap (2) 5:30-7:00am		Swim Team (4) Lap (2) 5:30-7:00am	
5 Lanes lap 1 lane open 7:00am-5:30pm	5 Lanes lap 1 lane open 7:00am-8:00am	5 Lanes lap 1 lane open 5:30am-8:00am	5 Lanes lap 1 lane open 7:00am-8:00am	5 Lanes lap 1 lane open 5:30am-8:00am	5 Lanes lap 1 lane open 7:00am-3:45pm	Swim Team (4) Lap (2) 7:00am-9:00am
	Aqua Box (2) 8:00am-8:45am Lap (4)	Athletic Aqua (2) 8:00am-8:45am Lap (4)	Aqua Zumba (2) 8:00am-8:45am Lap (4)	Athletic Aqua (2) 8:00am-8:45am Lap (4)		Aqua Zumba (2) 9:00am-9:45am Lap (4)
	5 Lanes lap 1 lane open 8:45am-3:45pm	5 Lanes lap 1 lane open 8:45am-3:45pm	5 Lanes lap 1 lane open 8:45am-3:45pm	5 Lanes lap 1 lane open 8:45am-3:45pm		5 Lanes lap 1 lane open 11:00am-5:30pm
	Swim Team (4) Lap (2) 3:45pm-8:30pm	Swim Team (4) Lap (2) 3:45pm-8:30pm	Swim Team (4) Lap (2) 3:45pm-8:30pm	Swim Team (4) Lap (2) 3:45pm-8:30pm	Swim Team (4) Lap (2) 3:45pm-7:30pm	

THERAPY POOL

Aqua Classes

All Open

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open 7:00am-5:30pm	Open 5:30am-9:00am	Open 5:30am-9:00am	Open 5:30am-9:00am	Open 5:30am-12:30pm	Open 5:30am-9:00am	Open 7:00am-5:30pm
	Aqua Sculpt & Tone 9:00am-9:45am	Aqua Yoga 9:00am-9:45am	Aqua Sculpt & Tone 9:00am-9:45am		Aqua Yoga 9:00am-9:45am	
	Open 9:45am-8:30pm	Open 9:45am-12:30pm	Open 9:45am-8:30pm		Open 9:45am-7:30pm	
		Arena Rx (Closed Class) 12:30pm-1:15pm		Arena Rx (Closed Class) 12:30pm-1:15pm		
		Open 1:15pm-6:00pm		Open 1:15pm-6:00pm		
		Aqua Sculpt & Tone 6:00pm-6:45pm		Aqua Sculpt & Tone 6:00pm-6:45pm		
		Open 6:45pm-8:30pm		Open 6:45pm-8:30pm		

BABY POOL

Monday-Thursday	5:30am - 8:30pm
Friday	5:30am - 7:30pm
Saturday	7:00am - 5:30pm
Sunday	7:00am - 5:30pm

SPA

Monday-Thursday	5:30am - 8:30pm
Friday	5:30am - 7:30pm
Saturday	7:00am - 5:30pm
Sunday	7:00am - 4:00pm

*POOL SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

*The Therapy Pool may also be used for swim lessons.