

LAP POOL

-  All Lanes Open
-  Swim Team

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 Lanes Lap 1 Lane Open 7:00am-5:30pm	Swim Team (4) Lap (2) 5:30-7:00am	5 lanes Lap 1 Lane Open 5:30am-8am	Swim Team (4) Lap (2) 5:30-7:00am	5 lanes Lap 1 Lane Open 5:30am-8am	Swim Team (4) Lap (2) 5:30-7:00am	Swim Team (4) Lap (2) 7am-9am
	5 lanes Lap 1 Lane Open 7am-8am		5 lanes Lap 1 Lane Open 7am-8am		5 lanes Lap 1 Lane Open 7am-4:45pm	Aqua Zumba (2) Lap (4) 9:00-9:45am
	Aqua Box (2) Lap (4) 8:00-8:45am	Athletic Aqua (2) Lap (4) 8:00-8:45am	Aqua Zumba (2) Lap (4) 8:00-8:45am	Athletic Aqua(2) Lap (4) 8:00-8:45am		Swim Team (4) Lap (2) 9:45am-11am
	5 Lanes Lap 1 Lane Open 8:45am-4pm	5 Lanes Lap 1 Lane Open 8:45am-4:45pm	5 Lanes Lap 1 Lane Open 8:45am-4pm	5 Lanes Lap 1 Lane Open 8:45am-4:45pm		5 Lanes Lap 1 Lane Open 11am-5:30pm
	Swim Team (4) Lap (2) 4pm-8:30pm	Swim Team (4) Lap (2) 4:45pm-8:30pm	Swim Team (4) Lap (2) 4pm-8:30pm	Swim Team (4) Lap (2) 4:45pm-7:30pm	Swim Team (4) Lap (2) 4:45pm-7:30pm	

BABY POOL

Monday-Thursday	5:30am - 8:30pm
Friday	5:30am - 7:30pm
Saturday	7:00am - 5:30pm
Sunday	7:00am - 5:30pm

SPA

Monday-Thursday	5:30am - 8:30pm
Friday	5:30am - 7:30pm
Saturday	7:00am - 5:30pm
Sunday	7:00am - 4:00pm

THERAPY POOL

- Aqua Classes
- All Open

*The Therapy Pool may also be used for swim lessons.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open 7am - 5:30pm	Open 5:30am - 9am	Open 5:30am - 9am	Open 5:30am - 9am	Open 5:30am - 9am	Open 5:30am - 9am	Open 7am - 5:30pm
	Aqua Sculpt & Tone 9:00am - 9:45am	Aqua Yoga 9:00am - 9:45am	Aqua Sculpt & Tone 9:00am - 9:45am	Aqua Sculpt & Tone 9:00am - 9:45am	Aqua Yoga 9:00am - 9:45am	
	Open 9:45am-8:30pm	Open 9:45am-12:30pm	Open 9:45am-8:30pm	Open 9:45am-12:30pm	Open 9:45am-7:30pm	
		Arena Rx (Closed Class) 12:30pm-1:15pm		Arena Rx (Closed Class) 12:30pm-1:15pm		
		Open 1:15pm-6:00pm		Open 1:15pm-6:00pm		
		Aqua Sculpt & Tone 6:00-6:45pm		Aqua Sculpt & Tone 6:00-6:45pm		
		Open 6:45-8:30pm		Open 6:45-8:30pm		

